Dear Parents/Carers,

Our annual Year 7 camp is only 4 weeks away so we need to begin the process of ensuring all necessary information is returned to school.

**When:** Wednesday 24th February – Friday 26th February 2016

**Cost:** $330 due to Front Office no later than Tuesday 16th February 2016.

**Departure:** We will be meeting at the front of the school hall at 7:00 am on Wednesday 24th February for a roll call. The buses will be departing at 7:30 am SHARP so set your alarm clocks! We need to be at Brooklyn Wharf before 9:00 am!

**Arrival:** The buses will arrive back at school at approximately 3:00 pm on Friday 26th February.

**Emergency Contact**
In an emergency, campers can be contacted on (02) 4349 0600, 9am - 4pm, Monday to Friday. Students cannot be contacted by telephone unless it is an emergency. There is also no mobile phone coverage in the area. In case of major emergency the staff member on duty is available on (02) 4349 0630. There is a coin-operated phone which doesn't take phone cards. Parents will be contacted if medical conditions or other serious issues arise.

The [Medical / Dietary Consent form](http://www.dsr.nsw.gov.au/schoolcampmedicalform) should have been completed online by a parent/carer by 3rd February 2016. Sport and Recreation needs you to complete this form on behalf of your child.

It is vital that you enter the following details to complete the online form:

- **Booking Number:** 464480
- **Booking Start Date:** 24/02/2016
- **Booking Venue:** Broken Bay Sport and Recreation Centre

Asthma inhalers and or/Epipens should be carried at all times whilst at camp.

The information you have provided on your medical consent form will help the camp organisers make sure all students' needs are catered for.

If your daughter has a pre-existing condition, special dietary needs or prescribed medical needs, these should have been noted in detail on the form. Any food restrictions due to religious reasons should also have been noted.
Any student requiring medication should only bring enough for the duration of their stay. All medication should remain in its original packaging, preferably with the patient information leaflet enclosed. Clearly mark the medication with the student’s name, advised dosage and dosage interval. This information should also be noted on the Medical Consent form.

Safety is a prime concern and all instructors have current qualifications in first aid, resuscitation and child protection. All meals are prepared by qualified catering staff in commercial kitchens that meet strict food handling guidelines and industry standards.

PACKING CHECKLIST - What to bring to Camp:
- T-shirts (no singlets or midriff tops)
- Pairs of shorts
- Pair of jeans
- Jumper or sloppy joe
- Socks and underwear
- Sunscreen (30+SPF advised)
- Insect repellent
- Hat or cap
- Toiletries (including soap)
- Feminine hygiene goods if necessary
- Swimming costume and rash shirt
- Two towels (one for showers and one for beach activities)
- Two single bed sheets (may be two flat, or one fitted and one flat)
- Sleeping bag
- Pillowcase
- Raincoat
- Clothes for disco
- Two pairs of sneakers (one to wear in lake, the other to be fully closed and supportive)
- Paper, pen or pencils
- Pyjamas
- Plastic bag for dirty/wet clothes
- Handkerchief or tissues
- Thongs or reefs (only to be worn to showers or pool)
- Water bottle
- Small light day bag
- Medication (if required) in original packaging and marked with student's name, dosage and dosage interval
- Asthma sufferers are asked to carry their inhalers at all times
- You may like to bring a small amount of money (e.g. $30) for souvenirs, in an envelope with your name

WHAT NOT TO BRING
- Singlets, midriff tops or jewellery (safety issues) – you will be told to change
- Radios, portable gaming devices or computer games
- Mobile phones (there is NO reception at the Camp)
- Lollies, chewing gum or other food (which attract wildlife living in surrounding bushland)
- Drugs, alcohol or cigarettes
- Other valuable items
Students should only bring ONE travelling case to Camp. They will need to carry it, so please ensure that it is of a manageable size and weight. Items needed during travelling should be carried in their small light day pack/bag. All luggage needs to be clearly labelled with student's name and address.

Campers will be very busy. Most of the day will be taken up with camp activities and various recreational activities at night led by Camp staff.

Twenty Year 10 ‘Big Sisters’ will be attending as mentors and in a guiding and support role for the Year 7 students.

Year 7 Camp is a school activity. It is expected that all students will participate in a safe, friendly and inclusive manner. Students, whose behaviour results in danger or distress to themselves or others may be excluded from some activities, have parents or principal contacted, or in extreme cases they may be sent home.

The note attached confirms your completion of the Consent form and indicates your permission for your child to attend camp and to undertake water activities. Please sign BOTH sections.

If you have any further questions please contact Mrs Smith (Year 7 Year Adviser) or Mrs Kalogeropoulos (HT Wellbeing) as soon as possible on 9747 3355.

Please detach permission slip and return it to the Roll Call teacher before Wednesday 17th February 2016.

Yours faithfully

Voulla Kalogeropoulos
HT Wellbeing

Zoe Smith
Year 7 Adviser
TALENT QUEST

There will be a Talent Quest one evening of the camp. Please consider whether you'd like to submit an act for the Talent Quest. It might be a skit, a dance, a speech, a song, etc. There will be a limit on the number of acts due to time constraints, so sign up quickly if you want to be involved!

If you would like to submit an act for Talent Quest:
• You must have an act organised and ready to go at the Camp (no rehearsal time).
• You may like to bring a CD labelled with your name.
• Your act should be no longer than 3 minutes.
• You should not bring costumes or props that won't fit into your luggage.
• Your costumes or props should not include any of the What Not To Bring items.
• There is a small change room but no backstage area. Keep this in mind when planning.
• Sign up your act

Jobs and Roles
We need volunteers to take on some of the following roles. Please consider if you have the skills and organisation necessary to carry out these jobs.
• 2 or 3 MC's or announcers
• 4 or 5 Judges
• 1 scorer
• 1 technical operator (CD player)
Please detach permission slip and return it to the Roll Call teacher before Wednesday 17th February 2016.

Burwood Girls High School
Year 7 Camp 2016

I give permission for my daughter ________________________________
of Year 7 Roll Class _______________ to attend the Year 7 School Camp at Broken Bay
Sport and Recreation Centre on February 24th until February 26th 2016.

☐ I am aware she will be travelling to and from the venue by chartered coach and ferry.

☐ I have completed the online Medical Consent form.

Parent/Carer Signature: ____________________________ Date: __________

Name: ____________________________ Relationship: ________________

Daytime contact number during school hours: ____________________________

- I DO / DO NOT (circle one) give permission for my daughter to participate in
supervised water activities such as canoeing and pool based games.

Parent/Carer Signature: ____________________________ Date: __________