Student Wellbeing
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Burwood Girls High School provides a safe, happy and supportive learning environment for all students. The school has a successful, innovative and comprehensive student wellbeing program.

STARR Days

The student wellbeing program involves each year participating in a STARR (Sisterhood Trust Acceptance Resilience Respect) day each year. These days are designed to help students in managing their lives by exploring relevant issues. These sessions include cyberbullying and interactive group activities exploring issues such as positive relationships, a strong sense of self, conflict resolution, decision making, dealing with peer pressure and building resilience.

Community support

The school has Community Liaison Officers (CLOs) who provide cultural and language assistance for students to support educational wellbeing. Our Chinese, Korean and Pacific Islander CLOs build strong relationships with families and help them understand school procedures.

The school employs a Youth Worker who coordinates and facilitates a program for students at risk. Our Youth Worker helps to develop and reinforce social skills, resilience and effective decision-making skills and provides support for students to successfully complete their education.
**Student Wellbeing**

**Welfare teams**

The structure of our welfare teams is based on the middle school (Years 7-9) and senior school (Years 10-12) and includes deputy principals, year advisers and assistant year advisers for each cohort, Head Teacher Welfare, Head Teacher Secondary Studies, school counsellor, learning support teachers and careers adviser. These teams work in collaboration with families to closely monitor student wellbeing in a proactive approach to supporting our students.

**Learning support**

Our school also caters for students with learning difficulties or physical disabilities. Learning and Support Teachers (LaSTs) work in collaboration with classroom teachers to provide a curriculum to address individual learning needs. All teachers receive professional training to enable them to differentiate lessons and make necessary adjustments in teaching strategies and resources. The Learning Support Team works closely with families to develop and monitor personalised learning plans for these students. We have itinerant teachers who provide support for students with hearing or vision disabilities. The school is wheelchair friendly with two lifts to facilitate movement around all areas of our school.

**Special events**

Students participate in a number of school camps. The Year 7 camp provides the opportunity to establish new friendships while the Year 9 camp provides challenging experiences to build self-confidence and resilience to prepare for senior studies. Year 11 students attend a ski camp at Jindabyne to expand team building skills. Students have the opportunity to attend many other events during the year to expand their awareness of community support programs and careers markets. Overseas excursions, including visits to Japan, France, Italy, China, New York, India, Indonesia and Samoa expand learning opportunities for students. All of these events give students a global perspective as well as the experience of learning beyond the classroom.
‘I come to school every day with a sense of empowerment and hope and the knowledge that young women like us can do anything we want in life.’ Isabelle - Year 10