10 August 2015

Year 7 Welfare Day – Monday 17 August 2015

Dear Parents/Carers,

As part of the whole school Wellbeing Program students in each year cohort participate in a STARR Day (Sisterhood -Trust - Acceptance - Resilience - Respect).

In the morning the students will take part in Jump Rope for Heart. Then the main focus will be on developing organisation skills and improving study skills. Guest facilitators, Elevate Education, will provide workshops on Study Skills Kick Start and Junior Time Management.

The students will also have a picnic lunch on the school oval, take part in a Big Sister activity and complete a Time Capsule which will be re-opened on their last day of Year 12 (each student will need to bring in a recent photo of themselves).

To cover the cost of the day’s activities and the facilitators we are asking for $15.00 per student (to be paid to the front office).

All activities will take place at school. Students are to meet at the Hall after normal Roll Call. Attendance is compulsory as the day is seen as an integral part of the school curriculum.

Students wear school sports uniform.

Payment is to be made to the front office by 2:00 pm, Monday 17 August. Please bring correct money.

If you have any questions regarding the day please contact Ms Kalogeropoulos on 9747 3355.

Yours sincerely

Voulla Kalogeropoulos  
Head Teacher Wellbeing

Erin Dib  
Year 7 Adviser

Matthew Chalmers  
Assistant Year 7 Adviser