TERM 3
AUG  •  Yr.7 STARR Day
17  •  ASSEMBLY
18  •  BEP Piano Soiree, time TBA
     •  Prefect fundraiser, “Girl Rising”, 5:30pm in Hall
19  •  Yr.9 Mentoring Program
     •  Yr.12 Laughing Yoga
     •  Yr.12 Music Soiree, TBA
     •  P&C Meeting, 7pm, Library
21  •  SRE Seminars
     •  Yr.8 Battle of Minds
     •  Yr.10 ADC Debating w’shop
     •  Closing date for Premier’s Reading Challenge
23  •  Run Club – Swisse Colour Run
24  •  SRC Meeting, lunchtime
     •  Women’s Leadership Forum, 2pm
     •  Dance Showcase, 7pm
25  •  Winter Grade Sport Finals
26  •  BEP’s Big Night Out, 7pm
27  •  Yr.11 First Aid Course
28  •  Wear It Purple Day
     •  Yr.10 Proud 2 B Me, p.1
     •  Screening Gayby Baby, 11am
     •  Prefects Meeting, lunchtime
31  •  Sport Selection Week for Term 4
     •  Yr.7/8 Subject Selections letter distributed
     •  ASSEMBLY
     •  Yr.8/9 Subject Selections evening in Hall, 7pm
SEP  •  Year 11 Exams commence (to
      1  September 11)
      •  Bank Reconciliation (no payments until complete)
      3  •  What’s The Story public speaking
      7  •  Yr.7/8, 8/9 subject selections due
      •  SRC Meeting, lunchtime
     10  •  Yr.7 Gala Day, St Luke’s Fields
      •  R U OK Day
      •  Yr.8 Talented Maths Workshop
11  •  Last day of Yr.11 exams
      •  Prefect Meeting, lunchtime
13-15  •  BEP Strings Tour (TBC)
14  •  Event #7 available
      •  ASSEMBLY (last one for Yr.12)
16  •  Yr.12 Farewell Concert, p.2
      •  P&C Meeting, 7pm
17  •  BEP Citizenship Ceremony (TBC)
      •  Yr.12 Graduation, Hall, 7pm
18  •  Yr.12 Picnic
      •  Last day of term
TERM 4
OCT  •  First day of term
      6  •  Bank Reconciliation (no payments until complete)
      8  •  BEP primary school workshop
      9  •  Prefects Meeting, lunchtime

P&C MEETINGS, 7:00pm, Library
   Wed 19 August, 16 September

From the Principal…

Term 3 has started well. Year 12 are delighted to have completed their Trial HSC exams and Year 11 had a wonderful experience at Jindbyne.

Year 10 have selected subjects for next year. I would also like to congratulate some of our students for wonderful achievements:

Annika Bates (Year 9 Visual Design) for 1st prize in R U OK Day competition – a bench for the school

Environment Committee for initiatives (mural, solar energy)

The Year 9 Engineering Challenges class for winning $500 for the most innovative bridge design at AGNSW

Also, welcome to our new director, Kathy Powzun (second from left) and farewell to Suzana Greenaway, Canadian principal whom I recently hosted.

Three special events: “Girl Rising” on 18 August, 5:30-7:30 pm; Women’s Leadership Forum on 24 August, 2-3 pm and “Wear It Purple” Day, Friday 28 August, 11 am-1:00 pm (special movie screening).

See you at P&C Meeting on Wednesday 19 August – guest speaker, Rosemary Patonay, Head Teacher TAS.

Mia Kumar
Announcement of campaign support

Burwood Girls High School is proud to have joined forces with some of Australia’s leading businesses, sporting bodies and NGO’s to support the “Racism. It Stops With Me” campaign.

Our school has committed to preventing racism by pledging to undertake activities in support of the campaign.

Burwood Girls High School has embraced its diversity for years and we celebrate our cultural heritage and diversity in many ways. We are very proud of our rich and harmonious school environment which values contributions from everyone.

Research from 2011 shows that one in seven Australians say they experienced discrimination because of their colour or background. This figure has been increasing steadily in recent years.

Research has also shown that 70 percent of people agree that Aboriginal and Torres Strait Islander and non-Indigenous people are prejudiced against each other.

The national “Racism. It Stops With Me” campaign, which is being led by the Australian Human Rights Commission, has been developed by a partnership of government and non-government agencies.

For more information about the campaign go to: http://itstopswithme.humanrights.gov.au/
Or follow the campaign on Twitter @ItStopsWithMe.

Mia Kumar, Principal

WEAR IT PURPLE IS ALMOST HERE

On Friday 28 August Burwood Girls is very excited to celebrate our sixth annual Wear It Purple Day. The Wear It Purple campaign was initiated in 2010 by ex-student Katherine Hudson and is now supported by a growing number of schools throughout Australia.

Wear It Purple is a student led organisation which aims to raise awareness of issues faced by LGBTIQ students and ways that schools can provide a safe, supportive and empowering environment for rainbow youth.

On the day, we will also have a whole school screening of the feature length documentary, Gayby Baby, created by our very own ex-student, Maya Newell (HSC 2005). This film will be released in cinemas on 3 September, so this is a great opportunity and honour for the school.

After the screening, the True Colours group will provide celebratory purple cakes and there will be a chance for students to sign the mural at lunchtime.

We will again celebrate Wear it Purple day in style and we hope to see an amazing sea of purple.

Please be clear that this is not a mufti day, however, you may wear purple clothes and accessories. Dig through your wardrobes and find purple tops, pants, jackets, scarves, shoes, jewellery and/or hair colour.

Get creative…there will be a prize for the ‘most purple’ student 😊

Karyn O’Brien, Deputy Principal

ENGLISH & DRAMA NEWS

YEAR 9 WRITING COMPETITION

In Term 2 Year 9 English students submitted a piece of factual writing to the Whitlam Institute’s ‘What Matters’ Writing Competition, as part of their learning in the ‘Protest Unit’. Congratulations to Alice Moore of Year 9 who was placed Runner Up and has won a place in a writing workshop and will attend the Awards Ceremony. Congratulations also to Mary-Rose Daoud who won a Highly Commended award and will receive a book as prize.

FORMER STUDENT WINS WALKLEY AWARD

Congratulations also to former Burwood Girls High student Saimi Jeong, who has been awarded the prestigious Walkley Award as Student Journalist of the Year.

Saimi won the Anne Beams Writers Award in 2009, her final year at BGHS and she is currently studying Journalism at University of Technology, Sydney.

Last year, Saimi began in the industry with our local newspaper, Burwood Scene.
Saimi was selected for her human interest stories, such as the closure of Sydney’s last multipurpose hostel accommodating Aboriginal people and the impact of road projects on our local communities. As a freelancer, Saimi has been commissioned by Guardian Australia and student publication Hijacked. This year she interned with ABC’s Lateline and now works as a producer at The Sydney Morning Herald. Saimi still promotes the Burwood motto, “Not for ourselves alone.”

THEATRESPORTS

Year 9 Drama students have taken on a leadership role by coaching Year 7 students in Theatresports skills, while the Year 8 and 9 teams are developing their skills in order to compete in our very first BGHS Theatresports Challenge next term. There will also be an opportunity for a junior team to compete in the 2015 Theatresports Challenge in Term 4. The teams are working with commitment and dedication to develop their improvisation skills.

YEAR 10 DEBATING

Our Year 10 debaters have been invited to take part in a special six-week workshop on Friday nights being run by lawyers from the Australian Dispute Centre. The aim is to foster the skills of advocacy amongst young people and students from several public and private schools are participating. The girls travel to Castlereagh Street in the city where they are mixed with other students and then coached by young lawyers for a debate before an adjudicator who gives detailed individual feedback. The 2nd annual ADC Schools Invitational Debate is already proving a stimulating experience and hopefully our students will be inspired and benefit from this unique opportunity. Thanks to Mark Dodshon for organising this fantastic opportunity.

PUBLIC SPEAKING COMPETITION

Cherie Pepperell and Amelia Pieri competed at the Legacy Junior Public Speaking Competition at Crestwood High School this week where both girls spoke with clarity, conviction and passion and represented BGHS with pride.

In her prepared speech, Amelia discussed the importance of whistle-blowers to society and argued that governments should do more to protect those individuals who stand up against corruption and corporate crime.

Meanwhile, Cherie debated the issue of illegal immigration in Australia and the moral dilemma facing our society.

Amelia commented: “This was our first time competing and although the impromptu was very difficult, I think we spoke well and really learnt a lot from the experience”.

Both girls should be commended for the time and effort they put into their prepared speech and impromptu practice. Thanks to Matthew Chalmers for organising this valuable experience.

ROMEO AND JULIET AT THE OPERA HOUSE

All Year 9 students were able to see this term’s text performed live at the Opera House by one of the country’s leading theatre groups, The Bell Shakespeare Company. The production was a modern rendition of the timeless classic with limited set and props and a young cast delivering a fast-paced, amusing but passionate performance. The girls all thoroughly enjoyed the show which is an important part of being able to answer their current assessment essay question.
HSC DRAMA
On 22 July Year 12 Drama students performed in the Movement Studio for their HSC Drama Trial HSC. Students presented a range of monologues and group devised performances for the markers. Many friends and families were in attendance and were a very warm and supportive audience. They perform their pieces for external markers on Friday 21 August.

Congratulations to Zoe Smith and the Year 12 Drama students on a fine evening and we wish them every success on marking day! Thanks also to Chrissie Mitchell from St Johns Park High School who joined me in marking the students for their trial.

Pauline Hageman, Head Teacher English and Drama

U.N. YOUTH AUSTRALIA
I am privileged and excited to have been selected as one of 10 young people in Australia, from Years 10-12, to be a part of U.N. Youth Australia’s Middle East Experience in January 2016.

This trip centres on learning about peace and the issues that the region has associated with it. I will be travelling to areas in Jordan (Amman, Petra, the Wadi Rum Desert), Israel (Jerusalem, The Wailing Wall) and the United Arab Emirates (Dubai).

While there I will visit important historic and religious sites, learn about the role of delegates, as well as volunteer at a school. It promises to be a trip of a lifetime!

Eve Crossley, Year 12, School Captain

UNICEF AUSTRALIA YOUNG AMBASSADOR
Congratulations to Nadia Homem, Year 10, who has been appointed as one of the nine UNICEF Australia Young Ambassadors from July 2015 to July 2016. Nadia, along with her nine other Young Ambassadors, was selected from over 270 applications.

The Young Ambassadors will spend a year working with UNICEF Australia. They will play a part in bringing children’s and young people’s voices to UNICEF Australia’s attention so that they can better protect and encourage the rights of all children.

UNICEF works in over 190 countries to protect the rights of children. They support child health, water, sanitation, education for boys and girls and protection of children from violence, exploitation and HIV.

The Young Ambassador Program brings youths into the middle of UNICEF Australia’s decision making. The Young Ambassadors will develop skill sets in media and communications, child and youth participation, and engaging with decision makers.

Nadia acknowledged that media and communications is her skill set of interest. She is looking to work with our school and the community to bring the voices of young people to UNICEF Australia’s attention.

Once again, congratulations Nadia.

Written by Year 9 Just Journalism

SCIENCE NEWS
THE GREAT ENGINEERING CHALLENGE
On 5 August four girls from Year 10 (Jessica Anderson, Hyein Lee, Sophie Li and Lillian Lockett) represented Burwood Girls in the Great Engineering Challenge at the University of New South Wales.

We completed three challenges throughout the day. For each challenge we were given a limited number of materials and only 30 minutes to design and construct. We made a bridge that had to be able to hold 280g, using foam cups, paddle pop sticks and newspaper. We also made a glider plane that had to fly a certain distance, and a paper plate car that had to be able to ‘drive’ over various obstacles.

There were also many motivational speakers, who encouraged our interest in engineering and explained how

Year 8 team continues to focus on their independent investigation towards the development of their oral presentations. The topics of their enquiry promise interesting presentations. Some examples are: Drugs in Sport, Women in Business and Economics, War Journalism, The Science of Magic and the Psychology of Performance, Teenage Fads, and Science vs Religion.

With the date for the presentations not too far away, we can be assured of interesting performances.

Margaret Nowak, Program Coordinator

Gifted & Talented Update
I am delighted to report that there is vigorous work in progress in both Year 7 and Year 8 teams.

Students are supported by many teachers whose expertise is valued and their help appreciated.

Year 7 students elected a diverse range of topics representing all dimensions of knowledge and enquiry. Some examples are: The Solar System, Family in War, Inspirational Women, Australian Women in Politics, Gaudi, Mix Media Art and The Little Black Dress. The team will also meet with Mr Kaing for a technology workshop to support the development of their presentation skills.

Year 8 team continues to focus on their independent investigation towards the development of their oral presentations. The topics of their enquiry promise interesting presentations. Some examples are: Drugs in Sport, Women in Business and Economics, War Journalism, The Science of Magic and the Psychology of Performance, Teenage Fads, and Science vs Religion.

With the date for the presentations not too far away, we can be assured of interesting performances.

Margaret Nowak, Program Coordinator

Gifted & Talented Update
I am delighted to report that there is vigorous work in progress in both Year 7 and Year 8 teams.

Students are supported by many teachers whose expertise is valued and their help appreciated.

Year 7 students elected a diverse range of topics representing all dimensions of knowledge and enquiry. Some examples are: The Solar System, Family in War, Inspirational Women, Australian Women in Politics, Gaudi, Mix Media Art and The Little Black Dress. The team will also meet with Mr Kaing for a technology workshop to support the development of their presentation skills.
engineering is important in our everyday lives. We had a great day!

_Hyein Lee, Year 10 and Mrs Pavlovic, Science Teacher_

---

**ENVIRONMENT COMMITTEE**

**MURAL**

This term the Environment Committee kicked off the painted environment mural on the side of the library. Ms Warren, Mr Cheshire and the girls projected the design onto the wall and traced the details, then there was an afternoon workshop to get the painting started. A time lapse video will be recording the mural painting and will be submitted with other environment proposals to the GoMAD challenge later this term.

---

**TREE PLANTING**

Volunteers and members of the Environment Committee were involved in some tree planting this term to celebrate National Tree Day. They planted two types of natives; the Thyme Honey Myrtle and Yellow Tea Tree on the school field where they will provide much needed shade. Thanks go to Burwood Council for the trees and Alexia Karatasas for organising it!

---

**CREATIVE ARTS NEWS**

**HSC BODY OF WORKS EXHIBITION**

A big “congratulations” to the Year 12 Visual Arts and Textiles & Design students who completed and exhibited their major works in the hall on July 28. The Opening Night had an outstanding turn out with friends, family and members of the school community coming to see what the students had achieved. The works this year were exceptionally strong, their teachers Kate Tapp, Xanthe Warren and Rosemary Patonay were exceptionally proud of their hard work and highly skilled final pieces. Thank you to TAS for refreshments and service.

---

_Xanthe Warren, Creative Arts Faculty_
DANCE SHOWCASE
All elective dance classes and ensembles have been working incredibly hard this year towards the Dance Showcase, titled: All The Small Things. Please come along to see class work, festival pieces, HSC works and guest performances from the P.A.C Fest group. See advertisement at the end of Event.

Dance Showcase: All The Small Things
Date: Monday 24 August, School Hall
Time: 7:00 pm
Cost: $5 adult/ $3 concession / $15 family of 4.

Melissa Caltabiano, Dance Coordinator

P.A.C FEST 2015
P.A.C Fest was held on 26 June at The Whitlam Centre in Liverpool. P.A.C Fest was a fun filled day and our students shared this day with 15 other high schools from NSW.

The day began with an outstanding opening ceremony in which our student leadership team welcomed our VIP delegates. Our very own Burwood GHS representative Ofa Tuiono spoke beautifully on behalf of all the schools involved and from there it was “game on”!

There were 17 schools, with 11 standout performances to the theme “The Rising Tide”. Each performance was beautifully crafted. We had over 3000 people attend and it was hard to get the VIPs to leave their seats as they were amazed by the performances from each school.

Burwood GHS, together with Ashfield BHS, performed a 15 minute set incorporating traditional Pacific cultural dance and song from the beautiful islands of Tonga, Samoa, New Zealand (Maori) and Australia (Aboriginal).

Their performance was beautifully pieced together by Liliane Tovo and her supportive and talented family. Thank you, Liliane, for blessing us with such a beautiful dance. Thank you also to Maxine, Priscilla Havea and Ms Patonay for sewing our wonderful costumes.

The students from Burwood GHS and Ashfield BHS should be congratulated for their commitment, passion, leadership and sacrifice. They performed with so much joy, pride and passion. A moment I will never forget. Taufa Kaliti already shows what it means to be a true leader. Keep up the good work! The experience has provided the students with the opportunity to develop a strong relationship and bond – a sisterhood/brotherhood.

Diana Seveali’i, Pacific Islander Liaison Officer, BGHS

LANGUAGES NEWS

KOREAN SPEECH COMPETITION
Report by Olivia Zhang, Year 9
On 4 July, five students from our school, all learning Korean and are non-Korean background, went on a trip to the Korean Society of Sydney at Croydon Park to attend the annual Korean Speech Competition. It was organised by the Korean Eloquent Association in Australia.

The five students were Anusha Ojha, Elle Xian, Oni Chan and Olivia Zhang in Year 9 and Kristen Macaereg in Year 11.

We gathered at the Korean Community at 9:30 am and nervously practised our speeches. To our surprise, all the other participants were students with Korean background, who came along with their parents, who are all experts in Korean as well. This made us way more nervous than before, because we were to speak a foreign language in front of hundreds of people who are experts in that language.

However, our Korean teacher Mr An encouraged us. Everyone thought it would be hard and embarrassing until they finished their speeches. Other participants and their parents were amazed when they were informed that we are the non-Korean background participants. Their warm applause certainly did give us courage and decrease our fear.
The grand prize amongst non-Korean background participants went to Anusha from Year 9 from our school. Oni Chan and Kristen Macaereg also won the second and third price. Congratulations to them!

After the competition our teacher Mr An provided us with a free lunch. It was self-service Korean food and we enjoyed it very much. Thank you to Mr An for all his help on the speech and for his generosity with the lunch.

**KOREAN SPEECH COMPETITION**

*Report by Anusha Ojha, Year 9*

On 4 July, five students from Burwood Girls High School (four Year 9 and one Year 11) were selected to participate in the 20th anniversary of The Korean Eloquent Speaker Association in Australia.

The program started at 10 o’clock, with the host’s welcome message and introduction. There were around 25 students taking part and all, apart from students from Burwood Girls High, were Korean.

I was stunned by how the other students presented their speech. Although I couldn’t understand much, they had strong body language and voiced their thoughts in a loud voice. I started to worry about how I would present my speech.

When it was my turn, I was very nervous and my hands were shaking a lot. I think everyone participating in the event was nervous to some extent.

Our school did really well because giving a speech in front of more than 100 people in a language that you are not fluent in is the most difficult thing in the world.

During the interval of the event, there was a small break for food and drinks. We helped ourselves to sandwiches and a glass of juice. After that, the results were announced.

Burwood Girls High placed 1st, 2nd and 3rd on the ladder of non-Korean background division and some of us even won prizes that ranged from a USB to a Galaxy Tablet.

We all got to take home a medal and a certificate that indicated our good effort and participation. We were quite content and happy.

As all of us were non-Korean and the program was mostly conducted in Korean, we could only vaguely understand what was being said. Overall, it was a new experience for us and I learnt a lot about Korean culture.

**JAPANESE BEGINNERS HSC STUDY DAY**

On Saturday July 18, Mr Kent accompanied a group of 14 Japanese Beginners in Year 12 who took up the opportunity to have intensive speaking, listening and reading practice with Teachers of Japanese from across Sydney at SHORE College, North Sydney.

The girls found the day particularly useful in preparing for their upcoming HSC Speaking examination where they will have to have a brief conversation in Japanese with a teacher they have never met. Good luck in the exams, girls! Kent-Sensei.

_Edward Kent, Head Teacher Languages_

**YEAR 11 INDONESIAN CONTINUERS STUDENTS VISIT COOGEE PUBLIC SCHOOL**

On Wednesday 22 July, students from Year 11 Indonesian Continuers visited Coogee Public School to help primary school students with Indonesian-inspired shadow puppet performances. The visit was part of a continuing project called CLASP (Culture, Language and Creative Arts in Schools Project) which involves cross-curricular work between Indonesian language teachers, primary school teachers, Creative Arts teachers and artists of Indonesian background.

During their visit, Riley Ferguson, Alexia Matsas, Audrey Melrose, Amy Pfefferman and Jamie Ramjan helped the primary students integrate Indonesian language into their performance by teaching them Indonesian vocabulary and phrases. They also helped with the creation of shadow puppets (wayang).

This was a rewarding experience for the BGHS students who were able to act as teachers (instead of students!) for a day. They are to be commended on their great attitude, for being positive role models for younger students and for supporting the study of Indonesian in NSW schools.

_Lauren Dwyer, Indonesian teacher_
LINGUAFEST FILM COMPETITION
This year, teams of students in Year 8 and Year 10 Chinese are participating in the Modern Language Teachers’ Association’s Linguafest film competition.

It’s a big, exciting project and the countdown has started, with four weeks of hard work until the deadline. The theme for 2015 is “An Excuse” and, following the Tropfest format, the signature item that must appear somewhere in each film is an ice cream. Good luck, teams! More news to come in the next issue of Event.

Glen Wines, Chinese Teacher

INDONESIAN STUDENT DAY AT SYDNEY UNI
On 12 June, students of Year 9 and 10 Indonesian went to the Indonesian Student Day at the University of Sydney to learn more about Indonesian language and culture.

We listened to many inspirational speeches about where the study of Indonesian can take you and how it is relevant to our society. We watched dances from a range of Indonesian islands (Sumatra, Java and Sulawesi) and even learned the dances ourselves. We also participated in a range of Indonesian workshops such as playing traditional Indonesian games, a cooking class and language activities. For lunch, we were treated to an Indonesian lunch box – enak (delicious)!

Overall we had a great day and are thankful for the opportunity to learn more about Indonesia and the importance of being culturally literate.

Hyein Lee and Bronte Powell, Year 10 Indonesian

HSIE NEWS
BURWOOD GIRLS AND BPW BURWOOD
On Wednesday 5 August, three Economics students from Year 11 gladly accepted the opportunity to attend a BPW Presentation and dinner at Club Burwood. BPW Australia (www.bpw.com.au) takes action for women’s equality – at work, on boards and in leadership. BPW aims to empower women and support them with their career aspirations.

The guest speaker for the evening was Sue Kennedy, founder of All Things Writing. Sue talked about her successful career, her business and her three published books (fourth to be published). The main focus of the night was LinkedIn and the opportunities that it presents. During the dinner we all had the opportunity to talk and express our different opinions on various topics. Overall, a very informative night with an amazing organisation!

Report by Eufemia Buda Year 11

TAS NEWS
Lots of exciting events have been taking place in TAS and we are all delighted with the efforts and results of our amazing students.
CAFÉ ON QUEEN
Very exciting NEW – “Café on Queen” is in operation.
Year 10 and 11 Hospitality students will run the school café – Café on Queen – as part of their Hospitality Food and Beverage training.

The Café will open from 8:15 am on:
- Monday and Tuesday A week
- Friday B week
The Café will serve a range of hot drinks including espresso coffees and hot chocolate. Students will also cook delicious bacon and egg rolls to order. Watch out for our daily freshly baked items including muffins, cookies and slices. Drop in and show your support for our Hospitality students while also picking up a delicious breakfast!

So come along and support these students and see what great baristas we have here amongst us!
See Ms Keller or Ms Kiely if you have any questions.

YEAR 12 HOSPITALITY

Congratulations to Sharon Hung from the Hospitality class of 2014!

Sharon was an exceptional student who worked diligently throughout the two year course, both in building her knowledge of the Hospitality industry to a professional level and in developing outstanding practical skills. Sharon consistently presented assessment tasks of an exceptional standard, she was punctual and fully prepared for all lessons and always participated with enthusiasm. Sharon displayed strong leadership skills during various catering events and practical lessons. The wide range of employability skills which are the key focus of the Hospitality course, such as communication, teamwork, initiative, enterprise and problem solving are skills which will be transferrable to any field of endeavour.

The TAS Faculty wishes Sharon continued success in her tertiary studies and look forward to discovering where her wonderful talents will lead her. Well done, Sharon!

Ms Keller, Hospitality Teacher

HSC TEXTILES EXHIBITION
The HSC Textiles Exhibition was held in conjunction with the BOW Exhibition on Tuesday 28 July. It was a fabulous event that was ultra successful. We had an amazing response from all our parents and friends as well as members of the Education Department such as Kathy Powzun, School Education Director, PSNSW Strathfield, who was amazed at all the works by both visual arts and Year 12 textiles. We couldn’t believe that this was our Year 12 exhibition, so the night was full of emotions but nevertheless we are excited for everything to come and to venture head on into the HSC!!

Helena Milovanovic, Year 12

Congratulations to all the girls on their amazing, high quality textile items.

Ms Patonay, Head Teacher TAS
YEAR 8 TECHNOLOGY

As one of their rotations, Year 8 Technology study a unit called “Kidz Café”. 8TCD2 (Ms Patonay’s class) have been working exceptionally hard and achieving outstanding results that have just totally impressed me more than any class in my 30 years of teaching.

The Chocanana Muffins recipe, included here, was successfully prepared, baked and presented by this class.

Chocanana Muffins

Ingredients

- 1 small ripe banana
- 1 cup white self-raising flour
- \( \frac{1}{2} \) cup wholemeal self-raising flour
- \( \frac{2}{3} \) cup sugar
- \( \frac{1}{2} \) cup choc bits
- 1 egg, lightly beaten
- \( \frac{2}{3} \) cup milk
- \( \frac{1}{4} \) cup oil
Method
1. Turn oven to 180°C (350°F).
2. Brush a 12-hole muffin pan with a little oil.
3. Mash banana in a large bowl.
4. Sift flour into the bowl (add the husks left in the sifter).
5. Put in sugar, choc bits, egg, milk and oil.
6. Stir with a fork until well mixed.
7. Spoon mixture into muffin pan. Fill the holes two-thirds full.
8. Bake for 20 minutes or until golden. Turn onto a rack to cool. Makes 8.

WOOLWORTHS ‘EARN AND LEARN’ – 2015
Our school has been participating in the Woolworths Earn & Learn program. We are asking students and parents to collect stickers when shopping at Woolworths (available up to Tuesday 8 September) and put stickers or completed sticker sheets in the box outside Woolies in Burwood Westfield, or deliver stickers to the TAS Faculty. We will be able to redeem stickers to earn new educational equipment for our school. The more we collect, the more we can redeem.

Remember to check your handbag, car glove box etc for stray stickers - they may be even be stuck to the fridge. Every little bit helps! Thanks for your support.
For details and link to download sticker sheet: https://www2.woolworthsonline.com.au/Shop/Discover/earn-and-learn
If you have any questions please contact Ms Patonay.
Ms Patonay, Head Teacher TAS

ENSEMBLE PROGRAM NEWS
As always, the music end of the school has been very busy lately!

ROTARY DINNER & BUILDING WORK
The Senior Woodwind players performed at Burwood Rotary’s dinner on Monday 29 June, at which the key to our new instrument storage room was presented. Congratulations and thanks go to Rika, Louise, Ramona, Stephanie, Jessie and Matilda for your excellent playing and commitment, giving up your time during the holidays.
Thank you to the Bartlett, Bell, Bicgo, Buckton, England, Hannah, Kenneally, Papamichalakis, Patterson, Press, Stewart, Swientek and Warren families for your time and effort. With many hands working in shifts we got a huge job done in two days and the room is now ready for use!

**STAGE BAND SUCCESS**

As a result of the high quality performance they gave on a DVD audition to the Arts Unit, the Stage Band has been invited to play an individual instrumental item at the Festival of Choral Music Bennelong Concert at the Sydney Opera House on 29 October.

To be offered a spot in these concerts is very prestigious and highly sought-after, so congratulations to the girls and their conductor, Yvonne Brown for excellent preparation leading up to the audition filming, excellent playing, and commitment to what is fast becoming one of our headliner ensembles!

**INNER WEST SCHOOLS MUSIC FESTIVAL**

The Inner West Schools Music Festival was hosted by the BEP on Sunday 26 August. Forty-two bands from 18 local primary and high schools took part in what was a very successful day all round. Thank you to the army of parent helpers who kept the event running smoothly as over 1000 students, parents and friends came through the doors. It was again a wonderful thing to see musicians from the tiniest infants’ school training bands, and primary recorder groups, right through to high school stage bands and orchestras taking part in a celebration of what our local public schools are achieving in making music. Our ensembles performed very well and again were the subject of deservedly high praise. Well done and thank you to everyone for your support of a marvelous day.

**SANDAKAN MEMORIAL SERVICE**

Our commitment to community service support continued with the Brass Ensemble and singers representing the school at Burwood Council’s Sandakan Memorial Service at Burwood Park on Sunday, 2 August.

Well done to May Corish, giving her first performance of the Last Post, and thanks to Eve Crossley for giving her time on the day before HSC Trials to play, lay the wreath and deliver a reading. All members of the Brass Ensemble and service singers should feel very proud of themselves for their consistently reliable and quality musical support for these events.

"Over 1000 students, parents & friends came through the doors."
BIG NIGHT OUT

A reminder that our major fundraising concert for the year, BIG NIGHT OUT, is on Wednesday 26 August in the School Hall. Pre-concert entertainment and refreshments from 6:30 pm, concert begins at 7:00 pm. Tickets at the door or ask at the Band Office: $10 Adult, $5 concession. See advertisement on page 17 of Event.

All our ensembles will be performing along with our professional tutors who are donating their performances for the evening. It will be a fabulous night of entertainment. Everyone welcome!

SPORTS NEWS

Lucy Hing of Year 7 competed at the CHS NSW Gymnastics Championships and came 2nd on the vault. Congratulations Lucy!

REGIONAL ATHLETICS

On 20 and 21 July, 26 BGHS girls represented the Northern Suburbs Zone at the Sydney North Regional Athletics Carnival at the Sydney Athletics Centre, Homebush. We are a very small zone with only six schools but this did not dampen our girl’s commitment and enthusiasm.

All of the BGHS girls performed well over the two day competition as Sydney North region is made up of many sporting based high schools. We did have four girls who achieved 1st or 2nd place in one or more events and will be progressing on to represent the Sydney North Region at the Combined High Schools (CHS) NSW Athletics Carnival on 3, 4 and 5 September.

These girls are: Akua Franklin, Year 10; Angelina Agamenonos, Year 9; Nicole Robertson and Harine Somunsundram, both of Year 8. We wish these girls all the best.

Jan Gianotti, Grade Sport/Carnivals Coordinator

INDOOR SOCCER

We had three teams successfully gain entry into the Futsal State Championships. The Open’s Team played on 24 July. The girls played four games and showed some excellent skill but were unsuccessful in getting through to the next round. For some it was their last Futsal tournament. They showed great determination to do their best.

On 29 July the 14’s team travelled down to Penrith Sports Centre to play against other schools at the state level. BGHS versed St Scholastica’s, Cherrybrook and Wollongong High School. The girls were undefeated in their round competition and qualified to the quarter finals beating Mosman 4-0. The team then progressed to the semi-final playing against Illawara High School, but unfortunately lost 2-1 and did not make it to the grand final. All team members played extremely well and showed a great deal of talent on the day. They are to be congratulated for their excellent effort and achievement as they did not have any substitutions and reached such a high level.
On 30 July the 16’s team also competed at the State Futsal Championships. They had a hard draw and competed in six competition games.

Unfortunately the competition was too difficult on the day and the girls were unable to qualify to the next round. All team members put in 100% effort and performed to their best.

Congratulations to all teams for qualifying for the State Championships and representing the school at such a high level.

KNOCKOUT SOCCER

On 5 August the Knockout Soccer team drove to Valentine Sports Park to play in the Semi-final against Woolooware High School. We were all tired as we had to be up early for a 9am kickoff. It was really cold and it took us a while to warm up, but once we arrived and the game began everyone on the team was serious and ready to play. There was a mixture of emotions, excited but nervous at the same time.

In the first 10 minutes Woolooware scored the first goal but we didn’t allow it to discourage us. We got the ball up the pitch near our goal many times, but we just couldn’t seem to score.

Near the end of the second half Woolooware scored again. Everyone was feeling slightly disappointed but during half time we decided as a team that we wouldn’t give up.

In the second half it was a pretty even game. We picked up our game, putting more and more pressure on the Woolooware defence. We had many shots on goal but still couldn’t get in the back of the net. Half way through the second half Woolooware scored a lucky goal off a corner, by this point we were really saddened however we still fought hard to try and get a goal back.

The final score was 3-0, we were really upset that we had lost, however we were proud that we had made it so far and are already excited for next year to hopefully make it to the grand finals.

By Ella Boyd, Year 10

LEADERSHIP NEWS

BIG SISTERS TRANSITION

On 24 July we celebrated the wonderful work of our Year 11 Big Sisters. This group of girls has been a great support to our Year 7 students, since the beginning of the year. They have guided them in all aspects of school life, including making sure they have a friendship group to sit with, helping them use their diary and resolving any practical problems such as finding their way around the school.

The transition activity held in the hall included a welcome to the new group of Year 10 Big Sisters who introduced themselves to Year 7. The Year 10 big Sisters will take over from Year 11 who can now spend more time on their studies. We held a competition where each class, with the help of their Big Sisters, had to devise a chant that reflected their individual class and present it to the rest of the group. The teachers were very impressed with these fantastic chants and it was wonderful to see how all the Big Sisters, both Year 10 and Year 11 worked together with the younger students. The day finished with cake and cordial and certificates for Year 11 Big Sisters.
The Wellbeing coordinators and Ms Kalogeropoulos would like to congratulate all the Year 11 Big Sisters and thank them for the great job they have done with Year 7 in 2015. Good luck in your senior studies. We welcome Year 10 Big Sisters and look forward to working with them as they continue guiding Year 7 this year.

Jane Burkitt and Kathy Lazos, Senior Wellbeing Coordinator

WELLBEING NEWS

YEAR 11 STARR DAY
On 22 July, Year 11 took part in a number of activities to assist them with their transition from Year 11 into Year 12.

Students reported that the day provided them with valuable resources on study skills, time management and stress management that will assist them in establishing effective learning patterns for the HSC.

The day also provided them with opportunities to strengthen their relationships as a group, which should help them to feel able to support each other in their HSC year. A great day was had by all.

Voulla Kalogeropoulos, Head Teacher Wellbeing

NATIONAL SELF-DETECTION PROGRAM (NSDP) FOR SCOLIOSIS
The Spine Society of Australia has recommended that July/August are the months that all schools with girls in Year 7 and 9 participate in the NSDP. Self-detection brochures for scoliosis can be accessed directly from Scoliosis Australia at www.scoliosis-australia.org.

Scoliosis (spinal curvature) is an important health problem for adolescent girls and 25 per thousand are at risk of developing a significant curve. Three girls per thousand require active treatment. Because in the early stages the condition is most often asymptomatic, screening in the age range 11-13 years is a sound preventative measure. There is also a forum on the website that can provide useful information.

Voulla Kalogeropoulos, Head Teacher Wellbeing

GRIEF PROGRAM
Learning to live with change and loss
Change and loss are issues that affect all of us at some stage in our lives. At Burwood Girls High School we recognise that when changes occur in families through loss, young people may benefit from learning how to manage these changes effectively. We are therefore offering a very successful education program called Seasons for Growth which will commence in early Term 4.

This program is facilitated in small groups and is based on research which highlights the importance of social support and the need to practice new skills to cope effectively with change and loss. The program focuses on issues such as self-esteem, managing feelings, problem-solving, decision-making, effective communication and support networks.

Burwood GHS is pleased to be able to offer this important program and we are confident that it will be a valuable learning experience for those who request to be involved. If you require further information please contact Ms Chris Maiorana (HSIE) or Ms Kalogeropoulos.

Voulla Kalogeropoulos, Head Teacher Wellbeing
THE PARTNERS IN LEARNING PARENT FEEDBACK SURVEY

Our school will be participating in the Partners in Learning parent survey, another part of the Tell Them From Me suite of surveys (student, teacher and parent surveys) on student engagement. Our students took part in the Tell Them From Me survey earlier this year.

The parent survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents’ perspectives on their child’s experience at school. These include: communication between parents and staff, activities and practices at home and parent views on the school’s support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online at home or on public computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent survey will be conducted between 17 August and 16 October. Parents will be informed when the survey becomes available online.

Participating in the survey is entirely voluntary, however, your responses are very much appreciated.


P&C NEWS

Can you help with our new school bus?

The School Executive Committee has done fantastic work helping BGHS procure its own 19 seater school bus (with side hydraulic lift for people with disabilities, musical instruments and sports equipment).

We are asking the school community if anyone can assist with the following:

1. Are there any parents/carers who may wish to work one day a week to drive the bus? Drivers do need to have a special license to drive the vehicle. Please forward your details to the principal mia.kumar@det.nsw.edu.au or ph. 9747 3355.

2. We are requesting sponsorships from local businesses to assist with running expenses.

   If you are aware of any business that may be able to assist, please forward details to Perry Kritselas at perry@insuranceadvisorygroup.com.au

Next P&C meeting: Wednesday 19 August

Please join us for the next P&C meeting in the Library at 7:00 pm. Guest speaker will be Ms Patonay, Head Teacher TAS. Light refreshments will be available. All welcome! We are always happy to see more dads!

Nick Miller, P&C President

P&C UNIFORM SHOP

The Uniform Shop’s regular days and hours each week:

- Tuesday, 8:30 am – 2:00 pm
- Thursday, 1:10 pm – 2:30 pm

Students may only visit the Uniform Shop before school, recess & lunchtime during opening hours.

Parents may visit any time during opening hours. For all enquiries, please call the school on 9747 3355.

Elaine Browne, Manager, P&C Uniform Shop

ARE YOUR DETAILS UP-TO-DATE?

To ensure the wellbeing of all our students, please help us to keep in contact by advising the school (in writing) of any change of address, phone numbers, email addresses or emergency contacts, as soon as possible.

Bronwyn Hatzis, School Administrative Manager

COMMITTEE NOTICES

Minutes of previous meetings are available on the school’s website along with information about the P&C: http://web3.burwoodg-h.schools.nsw.edu.au/ourschool/pcc

P&C NEWS

Can you help with our new school bus?

The School Executive Committee has done fantastic work helping BGHS procure its own 19 seater school bus (with side hydraulic lift for people with disabilities, musical instruments and sports equipment).

We are asking the school community if anyone can assist with the following:

1. Are there any parents/carers who may wish to work one day a week to drive the bus? Drivers do need to have a special license to drive the vehicle. Please forward your details to the principal mia.kumar@det.nsw.edu.au or ph. 9747 3355.

2. We are requesting sponsorships from local businesses to assist with running expenses.

   If you are aware of any business that may be able to assist, please forward details to Perry Kritselas at perry@insuranceadvisorygroup.com.au

Next P&C meeting: Wednesday 19 August

Please join us for the next P&C meeting in the Library at 7:00 pm. Guest speaker will be Ms Patonay, Head Teacher TAS. Light refreshments will be available. All welcome! We are always happy to see more dads!

Nick Miller, P&C President
The Burwood GHS Prefect Body invites you to attend a Charity Event!

Education is a fundamental human right denied to 31 million girls across the world. Help us make a difference by attending our showing of the award-winning movie:

**Girl Rising**

All money raised will be donated to the Malala Fund

**Date:** Tuesday 18th August  
**Time:** 5:30pm for 6–7:30pm  
**Location:** Burwood GHS Hall, Cost: $10

All enquiries: Julia.alvarado@det.nsw.edu.au
Tips for Year 12 on managing exam stress

ReachOut’s top tips

Everyone experiences stress at some point, but there are heaps of simple ways to minimise its impact on your life. Right now is a great time of the year to work on stress management skills and be ready for when the stress-deluge comes (exams).

Stress can be mild or intense, and it can make people feel frustrated, anxious and even hostile. Ever been grumpy because of stress? There you go. Stress can get in the way of sleep, cause headaches and change your appetite. It can also reduce your ability to concentrate and make it harder to remember course content.

ReachOut has lots of fact sheets and practical tools for beating stress. Here are a few:

- All work and no play? Bad idea. Make time every week to completely forget about study and do something you enjoy, like playing sport, hanging out with friends or watching TV. Taking regular breaks and ‘me-time’ to clear your head will also help you study more productively: [au.reachout.com/taking-regular-me-time](au.reachout.com/taking-regular-me-time)
- Feel like you’re not achieving what you’re capable of? Sit down and set goals at the beginning of each term. Define your goal, set sub-goals and make a plan of action. Then you’ll know what you’re aiming for and it’ll be easier to stay focused: [au.reachout.com/how-to-set-goals](au.reachout.com/how-to-set-goals)
- When you’re feeling stressed, it helps to have a proven strategy lined up to help you deal with it. It could be something like reducing the number of commitments you have, telling a close friend you’re stressed and talking through it, or even using positive self-talk strategies: [au.reachout.com/building-better-coping-skills](au.reachout.com/building-better-coping-skills)

Sometimes it might feel like stress is unbeatable, but it’s definitely manageable. For more info on keeping it in control, check out these fact sheets on ReachOut.com:

- Ways to relax: [au.reachout.com/ways-to-relax](au.reachout.com/ways-to-relax)
- Information on anxiety: [au.reachout.com/how-to-manage-anxiety](au.reachout.com/how-to-manage-anxiety)

Link to: Tips for Achieving Success in the HSC written by 5 really successful BGHS students from Year 12, 2013.