28 July 2015

Dear Parent/Carer,

Year 12 students are being offered an opportunity to participate in a laughter yoga session, run by a professional instructor, Ms Connie Costa, which will assist in managing their wellbeing.

**ACTIVITY:** Laughter Yoga (Year 12)

**DATE:** Wednesday 19 August 2015

**VENUE:** Room Fitness Lab

**TIME:** Meet Ms Yongsiri at 3:20 pm outside the Fitness Lab for a 3.30pm start

**FINISH:** 4:30 pm

**WEAR:** Loose and comfortable clothing suitable for movement

**BRING:** Water bottle

**COST:** $10 per student, to be paid to the front office by 2:00 pm, Friday 7 August. Please note that this activity is **limited to 30 places** and only the first 30 students who pay and hand in their notes will be able to participate. Please DO NOT pay online for this activity. Please pay in person or over the phone.

**NOTE DUE:** Please return permission note to Ms Yongsiri by Friday 7 August.

Yours faithfully

A. Yongsiri

Year 12 Student Adviser

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Return permission slip below to Ms Yongsiri by Friday 7 August and payment to the front office by 2:00 pm, Friday 7 August 2015. Please bring correct money. Limited to first 30 students to pay and hand in note. DO NOT pay online for this activity.

I give permission for ______________________ of Year 12 to participate in the Laughter Yoga session at school, 3:20-4:30pm on Wednesday 19 August 2015 at a cost of $10.00.

Parent/carer (signature):_________________________ Date:____________

Daytime contact no.:_____________________________

Please list any medical issues we need to be aware of in relation to this activity:

__________________________________________________________________________