From the Relieving Principal...

Our assembly in recognition of Refugee Week was very moving, with creative and thought provoking presentations by Year 10 SRC and International Studies students. A big thank you to my colleague, Dorothy Hoddinott, Principal of Holroyd High School, for her valuable contribution to this event.

The Blue and Gold Awards recognise the effort, diligence and perseverance that so many of our students demonstrated in their Semester 1 reports. It was very pleasing that 70% students received a ‘Blue’ or ‘Gold’ award. We changed tradition and formally presented these awards to Years 7 to 9 only on Monday 22 June, due to the capacity of our hall. Students in Years 10-12 received their awards at special year assemblies held in Week 10.

Students held an Islam Q & A for their peers on Tuesday 23 June, with some thoughtful questions and clarification about Islamic beliefs and practices. The girls were fascinated with different cultural practices, even within the one religion. Thanks to Erin Dib, as always, for being such an inspirational member of staff.
This was closely followed by our second annual Iftar Community Dinner which was very well attended by students and their families. Fabulous food shared by all, and it was great to see teachers mingling with families, as requested by the students after last year’s event. Thank you so much to everyone who came along to support our Muslim students.

I wish all our Muslim students a very happy Eid ul-Fitr on Friday 17 July and hope you thoroughly enjoy your family celebrations that day.

Congratulations to Alice Moore, Year 9, who placed Runner-Up in the What Matters writing competition run by the Whitlam Institute. Alice won a place on a writing workshop and will attend an awards ceremony. Mary-Rose Daoud won a Highly Commended placing.

A big “thank you” to the hard-working gentlemen from Burwood rotary for building a lovely new storage space for the band and ensemble program.

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**ENGLISH & DRAMA NEWS**

**YEAR 11 PREMIER’S DEBATING CHALLENGE vs RIVERSIDE GHS**

Tuesday 16 June is the day our Year 11 students Allison Duong, Frances Murphy, Annie Wang and Monica Yao participated in a debate versus Riverside Girls. Who better to debate the topic - that all schools should be coeducational - than two single sex girls schools? Burwood Girls are feeling very well prepared following their recent early morning debate coaching sessions.

**YEAR 11 PREMIER’S DEBATING CHALLENGE vs BANKSTOWN GHS**
In the photo - Katherine Guo, Amelia Wood, Alison Duang, Annie Wang and Farrah Pierzed debating against Bankstown GHS. The topic chosen by the teams was "That team sports should be compulsory for school aged children". Burwood Girls argued the negative case beautifully but of course the BGHS teacher is prejudiced in their favour! That's why we have our highly organised and extremely helpful adjudicator Allison Chan to make the decision based on the strength of the arguments!

Ingrid Benjamin, Debating Coordinator

SCIENCE NEWS

YEAR 12 CHEMISTRY AT MACQUARIE UNI
On Friday 19 June and Tuesday 23 June, Year 12 were lucky enough to attend Macquarie University to conduct Chemistry experiments. Danny Wong, a senior lecturer in the Faculty of Chemistry and Biomolecular Sciences, was our supervisor for the day, as well as four competent undergrad students.

We firstly collected water samples from the lake on the university’s grounds before conducting two experiments focused on the hardness of water. The first experiment was designed to determine the percentage concentration of calcium and magnesium using an Atomic Absorption Spectrophotometer, or AAS.

The second experiment used spectrophotometry to determine the concentration of phosphates. This experiment involved the preparation of standard solutions and calibrating them. After the experiments we had a little chit-chat with our assistants. They were all quite generous and humorous when it came to having a conversation.

Overall, the day was informative and interesting, especially when Mr Marcs got lost in the middle of the university on his way back from the train station. But that was my fault because I was running late and forgot to bring my map.

Nevertheless, the day helped us in understanding the concepts of monitoring water quality. Thank you to all the science teachers who made an effort to organise this informative excursion.

Report by Mahnoor Talpur, Year 12

YOUTH ENVIRO FORUM-TARONGA ZOO
On June 6 this term, eight students from the Environment Committee accompanied by Ms Warren to the 2015 Environment Forum at Taronga Zoo. Students listened to a range of presenters including Ben Britton from Wild Animal Encounters, a program on Nat Geo Wild and actively participated in student workshops. Students left the event feeling inspired to lead a range of events at the school and aim to be in the Go MAD film challenge later this year.

The Environment committee is currently working on a large scale mural and garden beds at the back of the
library. Slowed by recent rain, they hope to start painting the mural from early next term. The mural design was created by Brett Cheshire, in consultation with the girls.

Xanthe Warren, Creative Arts Faculty

**DANCE COMPANY AT FESTIVAL**

The BGHS Dance Company performed on Monday 15 June at the Seymour Centre as part of the Ultimo Public Schools Series 2 Dance Festival. They performed their work *Instinctive* and made our school very proud with their wonderful skill, performance quality and professionalism.

All elective Dance and extra-curricular ensembles are now busily preparing for their next big performance, the Dance Showcase on 24 August in the school Hall (more information to come).

Melissa Caltabiano, HT PDHPE/Dance Coordinator

**LANGUAGES NEWS**

**KOREAN IMMERSION DAY 2015 (1)**

On Wednesday 10 June 2015, Burwood Girls Korean classes Year 8 and 9 went to UNSW (University NSW) for the Korean Immersion Day. About 7-8 different high schools came to celebrate. Although it was a wet and very cold day, luckily we stayed inside enjoying ourselves doing fun activities!

We all had to school come to school at 8am, Mr An marks the roll to check if everyone has arrived so we can head to the train station, after marking the roll and headed to the train station, we travel our way to Central and caught an Express bus to UNSW. We finally made it to UNSW trying to find the venue theatre we had to meet up in, eventually we had to wait for the other schools, settle down sitting and listening to the special introductions.

After the introductions, students helped the Chef rolling the Gimbap (Korean sushi), then it was recess for 30 mins, we were also given 2 Gimbap pieces to eat and as well as to eat our own recess or buying it in the Cafeteria.

Recess ended, we got to make our own T-shirts painted with any colour between blue and red, when using the stencil that’s says ‘안녕한국’ and using black paint with our names. We let our T-shirt dry for about an hour.

Then we had to complete a booklet we were given when it was the introduction speeches.

Eventually it was lunch time! We received a lunch box with delicious Korean food! It was so delicious the leftovers were nearly all gone! Then we got our T-shirts from drying.

When lunch was over, we had to do our last activity which was dancing, K-pop cover and the K-pop song was
'CALL ME BABY' by EXO. Everyone joined and had fun learning the dance to the chorus of the song.

Although time passed by, it was time to head back to the venue theatre wrapping up for the day. Everybody met up again in the theatre, thanking us for being there and received a bag with amazing gifts. Inside the bag was a cute bottle made in Korea, the bottle can be stored with hot or cold water which is actually pretty cool. Then there was a handy USB, a 2 pen in 1 and a thin highlighter.

Thanking everyone for inviting us we finally started to head back to school/home. Catching the Express bus back to Central and catching the Central train to Burwood station, everyone got dismissed and some students got to walk back to school with Mr An.

The Korean Immersion day was an amazing experience to go through and it’s really fun! Thank you Mr An for the great day and for taking care of us!

선생님 감사합니다

By Vanessa Perino, Year 8

KOREAN IMMERSION DAY 2015 (2)

On 10 June, students from Year.9 and 8 who are studying Korean attended The 2015 Korean Immersion day at the University of New South Wales. We experienced many new things and did many activities.

We first took the train to Central, and it was crowded whilst riding it. We then caught the express bus to the university. We arrived there and tried to find the designated place where the events where held.

We finally arrived there with the help of a staff. We entered and listened to talks, most of them were about career paths. We listened to General Lee, Whie-jin, Dr James Lee, Dr Gi-hyun Shin, and Dr Bo Kyung.

The talks were all interesting, and informed us about the opportunities we have at UNSW such as foreign exchange schools.

We then watched a performance of Call Me Baby by Exo. It was very cool and exciting. After that staff/chefs came in and demonstrated rolling Kim Bap. A student from each school tried rolling it together as it was really long.

We then had a short break, and tasted 2 slices of the Kim Bap. It contained many different ingredients such as pickled radish, egg, spinach and bulgogi (beef) which tasted delicious.

We then gathered together and went upstairs and separated into rooms where we painted t-shirts. On the shirts, we it said "안녕한국" which can mean "hello Korea".

After we finished, we left them to dry and had lunch. We got to taste some Korean cuisine that came in lunch boxes. It consisted of rice, egg omelette, spicy squid, spicy odaeng (fish cakes) and chap chae (noodles). Some people had bulgogi (beef) and spicy chicken in theirs. The lunch boxes were very delicious but a bit spicy for some people.

After we finished, we collected our shirts and walked to the dance rooms. There we learnt the chorus of Call me baby by Exo from a dance instructor. There was another school in the room that was also learning the dance. Although it was a bit crowded, learning the dance was fun.

After we finished, we went back to the theatre. We received gift bags and inside there was a bottle, a USB, and a pen which also came with a highlighter.

We left the Uni and walked to the bus stop. We caught the bus to the station and then we took the train back to Burwood.

Although it was raining on the day, it was a fun and an exciting day. We have all learnt many new things, and enjoyed the day.

By Bonnie Cheng, Year 8

HSIE NEWS

REFUGEE WEEK

This year, Refugee Week was celebrated from 14 to 20 June and Burwood Girls held a tremendous inaugural assembly to celebrate this national event. It was organised by Year 10 International Studies students and the Year 10 SRC, who were inspired by a field study where they experienced the journey of a refugee at the Refugee Camp in the My Neighbourhood exhibition in Auburn. The chief organiser of this award winning exhibition was Adama Kumara, a former BGHS student.

Students were taken on an interactive journey by tour guides who are all former refugees or asylum seekers. During the hour-long tour, our girls discovered what it’s like to flee your country and try to find safety. This really complimented the students’ unit of study, “Coming to Australia”. In the week following Refugee Week, Year 11 Society and Culture also attended the exhibition as part of a bridging excursion between studies of Personal and Social identity and Intercultural communication.

The exhibition aims to dispel common myths about refugees and asylum seekers in Australia and celebrate the positive contributions that refugees and asylum seekers make in Australian communities.
The assembly was really informative and very entertaining. We were honoured to have Ms Dorothy Hoddinott AO as our guest speaker. Ms Hoddinott received her Order of Australia for commitment to social justice especially regarding the work she has done in providing educational opportunities for young refugees.

*Patrice Simpson, HT HSIE*

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**TAS NEWS**

**YEAR 9 FOOD TECHNOLOGY**

Year 9 Food Technology has recently completed a major assessment task for the core topic of Nutrition. They were required to plan, prepare and present a menu item to restaurant standard. Their brief was to source a recipe suitable for a special dietary need. Our focus in class was to learn about dietary related diseases and allergies. Students were required to cost their recipe to be within a budget of $8 for two portions. Both classes exceeded our expectations, particularly in terms of presentation.

Congratulations to India and Stella for their exceptional Gluten Free Tasting Plate and to Cate and Bridgit for their delicious Chicken, Quinoa and Apple Salad (see recipe included!). Special mentions from Miss Papas’ class go to Dani and Krystal for their delicious gluten free Stuffed Potatoes and to Bridgette and Mary–Rose for their scrumptious Penne with Pumpkin Sauce.

*Ms Keller and Ms Papas*

**Apple, Quinoa & Lentil Salad with Chicken**

**Ingredients**

- 2 small red apples, cut into thin wedges
- 1 large red onion, cut into thin wedges
- 2 teaspoons extra virgin olive oil
- 1 tablespoon water
- 450g chicken breast
- 100g (1/2 cup) quinoa, rinsed
- 185ml (3/4 cup) water
- 400g can brown lentils, rinsed, drained
- 1/2 cup continental parsley leaves, coarsely chopped
- 1/2 cup fresh basil leaves, coarsely chopped
- 2 celery sticks, cut into matchsticks
- Baby herbs, to serve
- Lemon wedges, to serve

**Method**

**Step 1**
Preheat oven to 180°C/160°C fan forced. Line a baking tray with baking paper. Slice apples into wedges and onion rings. Toss to combine. Place apple and onion pieces on tray. Drizzle with oil. Season. Roast for 20 minutes or until golden and tender.

**Step 2**
Meanwhile, heat a non-stick oven–proof frying pan over medium–high heat. Prepare chicken. Cook, turning, for 5 minutes or until it’s fully cooked. Remove from heat. Transfer to a plate to rest for 5 minutes. Shred chicken in a separate bowl.

**Step 3**
Place quinoa and water in a small saucepan over medium heat. Bring to the boil. Reduce heat to low. Simmer, stirring occasionally, for 8–10 minutes or until water is absorbed and quinoa tender.

**Step 4**
Combine quinoa, apple, onion, lentils, parsley, mint, celery and lemon dressing. Season. Divide among plates. Top with shredded chicken. Sprinkle with herbs and serve with lemon wedges.

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**YEAR 12 HOSPITALITY – CULINARY COMP**

On 10 June, two Year 12 Food and Beverage students, Chiara Puopolo and Alexandra Tsousanis, represented BGHS at the HTN Interschools Culinary Competition. The girls willingly challenged themselves to a ‘Masterchef’ style competition against students studying commercial cookery. A guest chef demonstrated roasted spatchcock, Dutch carrots, creamed spinach and potatoes Lyonnaise, and the girls then had to replicate his dish in the allocated timeframe.

Prior to the competition, Chiara and Alexandra knew which ingredients would be used, but not the skills and techniques they would have to demonstrate. Whilst they were runners up to three other schools, Chiara and Alexandra did BGHS proud and enjoyed an absolutely fantastic day (not to mention that they were rapt to receive a ‘goody bag’!).

*Ms Keller, Hospitality Teacher*
YEAR 10 FIELD STUDY DAY – 3 JUNE

SWEET LILLY’S CAFÉ – Chocolate & Pizza Making
A crowded bus trip down to Leichhardt marked the beginning of a day of feasting. After a short walking tour of Norton Street restaurants, students began a hands-on chocolate making workshop. The girls learnt how to temper and colour the chocolate and produced their own designs. After a sugar hit of coconut rough, it was time for the main course of pizza and pasta. Ayla demonstrated her hidden talent as a pizzaiola! The girls took on Lilly’s challenge of finishing ALL the pizza and pasta. Apparently, Burwood Girls is the first school to finish all the food! Two courses of carbs and our champion girls still managed to enjoy their gelato dessert!

Ms Keller and Ms Kiely

HIGH TEA AT THE QVB TEA ROOMS!
For Field Study Day #2, 42 Year 10 girls opted for a luxurious high tea experience at the QVB Rooms. Located in what was once the original Grand Ballroom of the landmark Queen Victoria Building, the Tea Rooms were the perfect setting. The enormous crystal chandeliers had us all in awe! The girls enjoyed the Traditional Afternoon Tea on the menu which included a set selection of finger sandwiches, petit fours, savoury pastries, scones with preserve and cream and an exotic selection of teas such as rose petal tea, jasmine pearls, wild cherry and strawberry sencha to mention a few.

The girls appeared polished and demonstrated excellent etiquette on the day and an amazing experience was had by all!

Miss Papas and Miss Slocombe

BEP NEWS

CONCERT BAND SOUTH COAST TOUR
On 18 May, BGHS concert band embarked on a five hour bus trip leaving school at 6am! Multiple McDonald’s stops and a performance at a primary school later, we arrived at Mogo. Over the tour, we performed at four primary schools and gave the kids an opportunity to be introduced to instruments that some of them had never seen before.

When we weren’t performing, we had the opportunity to explore the town of Mogo. We visited Mogo Zoo, shopped at the local fudge store and explored the old gold mines. Overall, it was a great experience that brought the
band together and gave us an uplifting opportunity to introduce music to children in small country towns.

By Josephine Press, with Dotty Bartlett, Molly Akins, Gracie Robinson-Moore, Ruby McVicar, Stephanie Matthews and Emily Miller-Roxburgh

SENIOR CONCERT BAND NORTH COAST TOUR
The Senior Band had a similarly very successful trip away on 10-12 June. Apart from some free time in sleepy towns and ten-pin bowling, we had a busy schedule of performances at primary schools and aged-care centres in Newcastle, Tuncurry and Forster with enthusiastic audiences ranging from 5 to 95! A highlight would have to be a nurse telling us that an elderly lady (who never speaks) had suddenly sung out loud along with Waltzing Matilda. We also met Charlie, the therapy labrador who loved our concert and sat at our feet as we played.

We returned home on 20 May, all exhausted but very happy about our trip.

We finished on a high at Coolongolook Primary, with 25 students in total, none of whom had seen any of the instruments before. A fun concert was followed by the kids having a go on our instruments and then a crazy 25-a-side soccer game!

Eve and Rika would like to give a big thank you on behalf of the band to Ms Staines, Ms Brown and Genevieve for all the work and time that went into the tour - it was absolutely fantastic. It was our last tour (for Year 12) which is sad to think about but over the past six years we really have had a lot of fun and laughs and have a lot of crazy memories. Thank you to all the girls and people that have been involved in band over the years for making it what it is! We hope that you all enjoy your time as much as we have.

Eve Crossley and Rika Kelso, Year 12
KNOCKOUT SOCCER – WINNERS AGAIN!

An enormous congratulations to the BGHS Knockout Soccer Team who had a big win against Canowindra High School in Cowra, winning 6-3 on June 24. The team is now into the quarter finals, which are yet to be announced.

A big thank you to the coach, Ms Dalageorgos and Mr van Leeuwen who drove the mini buses the long distance and for supporting the team!

*Melissa Caltabiano, HT PDHPE*

*The KO Soccer Team enjoyed line dancing with the locals after dinner!*
P&C NEWS

Next meeting: Wednesday 15 July
Please join us for the next P&C meeting in the Library at 7:00 pm. There will be a presentation from Mr Edward Kent, Head Teacher Languages on “Update on Languages”. Light refreshments will be available. All welcome!

Nick Miller, P&C President

Minutes of previous meetings are available on the school’s website along with information about the P&C: http://web3.burwoodg.h.schools.nsw.edu.au/ourschool/pa

P&C UNIFORM SHOP

The Uniform Shop’s regular days and hours each week:

- Tuesday, 8:30 am – 2:00 pm
- Thursday, 1:10 pm – 2:30 pm

Students may only visit the Uniform Shop before school, recess & lunchtime during opening hours.

Parents may visit any time during opening hours.

For all enquiries, please call the school on 9747 3355.

Elaine Browne, Manager, P&C Uniform Shop

COMMUNITY NOTICES

Giving back
Selling? Renting? Buying?

Ray White Burwood are now proud supporters of Burwood Girls High School!

If you sell through Janeta Biviano at Ray White Burwood 10% of sales commission will be donated to our school!

Also, the FIRST week rent of any property given to Ray White Burwood as a management will be donated to our school! CALL TODAY!

Janeta Biviano Principal
0404 348 981 | janeta.biviano@raywhite.com

Parents of Year 12 Visual Arts and Textiles and Design students are cordially invited to join us for the 2015 HSC BOW & Textiles Exhibition.

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