1 May 2014

Dear Parents/Carers,

Re: Year 11 & Year 12 STARR DAY, Monday 12 May 2014
“Getting Your Head Right for Senior School and the HSC”

This session, presented by Rocky Biasi from Human Connections, aims to prepare students with the mental and emotional skills required for success in the HSC.

The session looks at:
1. Motivation – how students can get motivated to study.
2. Mindset – identifying and creating “success mindset”.
3. Goals – a four step process to set and achieve goals.
5. Procrastination – overcoming procrastination.
6. Fear – managing fear and negative thoughts, feeling overwhelmed.
7. Parents – parental pressures and how to manage expectations.

Sessions will be held in the Hall during period 1 for Year 12 and period 2 for Year 11.

The cost per student is $6.00, to be paid to the front office by 2:00 pm, Friday 9 May. Please bring correct money when paying. Return permission slip to Roll Call teacher by Friday 9 May.

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Yours sincerely

V. Kalogeropoulos
Relieving Head Teacher Welfare

Mia Kumar
Principal

Janina Longman
Deputy Principal

Please pay at the front office by 2 pm, Friday 9 May 2014 (bring CORRECT MONEY) and return permission slip to Roll Call teacher by Friday 9 May.

I give permission for ___________________________ of Year____ to attend the Year 11 & 12 STARR Day sessions presented by Rocky Biasi at school on Monday 12 May 2014, at a cost of $6.00.

Parent Presentation Evening - RSVP:

☐ Yes, I/we will be attending. Number of parents attending: ______

☐ I/we are unable to attend.

PRINT NAME (parent/carer):______________________________ SIGN:______________________________

Date:_____________ Parent’s daytime contact no.:______________

Parent payments may be made in person or over the phone (9747 3355 ext.114) 8:30am-2:00pm, or online by 6pm the day prior to the due date for payment (http://web3.burwoodg-h.schools.nsw.edu.au/parent-online-payment)

☐ I have made an online payment. My receipt number is:_____________________________